

Safety Checklist for Caregivers of **Children under the age of one year**

<u>Fire Risk</u>	Yes	No
Is there a working smoke alarm on each level of your home?		
Have you either checked or changed the battery in your smoke detector within the last 6 months?		
Is there a working carbon monoxide alarm placed near natural fuel burning items in the home?		
Are all individuals in the home non smokers?		
Are extension cords, if used, in good condition, not overloaded, and secured against a tripping hazard?		
<u>Burn Risk</u>		
Is the hot water heater temperature set at 120 degrees or below?		
Is the infant in a separate area while you are cooking or holding a hot liquid?		
Are electrical outlets covered in a safe fashion?		
<u>Fall Risk</u>		
Is the home environment set up to minimize fall hazards, areas to jump from, tripping hazards, and are sharp points such as table and fireplace corners covered?		
Are gates used at the top and bottom of every set of stairs?(if present)		
Is the outside area safe for play (appropriate playground area, no hazards, near roads without fence)?		
Is touch supervision used when your infant is on a bed, table, countertop or either high area?		
Is your child always strapped in while sitting in a high chair, swing, or stroller?		
If a baby walker is used for supervision is it stationary without wheels?		
<u>SIDS Risk</u>		
Is your infant always placed on their back in a crib for sleeping?		
Is the infants sleep space free of pillows, soft toys, comforters or blankets ?		
If the infant shares a room with a caregiver or sibling do they have their own sleep space?		
<u>Choking/Suffocation Risk</u>		
Are small toys for older siblings and small objects that can fit in a toilet paper tube, in secure location?		
Are the crib slats less than 2 and 3/8 inches apart and the mattress snug against crib?		
Are window blind cords secured out of reach?		
<u>Motor Vehicle Injury Risk</u>		
Is your child appropriately restrained in a rear facing child safety seat every time they are in a vehicle?		
Have you had your child's seat inspected by a Certified Child Passenger Safety Technician?		
Does your child always go with a caregiver when they leave the vehicle, even for a moment?		
<u>Drowning Risk</u>		
Do you practice touch supervision when the infant is in a tub of water, near pools, or large bodies of natural water?(as well as use a personal flotation device when in pools or lakes)		
If you or a neighbor has a pool is access secured with a self locking, self closing gate and a four sided fence.		
<u>Environmental Risk</u>		
Is your home and neighborhood free of unsecured dogs?		
<u>Poison</u>		
Do you store medications, cleaning supplies and chemicals above waist level or in locked areas?		
Do you talk with your provider about proper over the counter medication dosing for your child?		
<u>FireArms</u>		
If a firearm is in the home is it stored in a locked container, separate from the ammunition?		

Any questions answered “NO” place your child at risk for a potential injury; please consult your pediatric physician for more information on injury prevention. For childhood safety tips visit www.carolinasinjuryprevention.com or www.safekidscharmeck.org

** This checklist was compiled from information from the American Academy of Pediatrics, National Safe Kids and the Home Safety Council. It does not cover all the risk factors for a child at this age and should not replace the advice of a pediatric physician. Likewise, answering “no” to any of the questions does not guarantee that the child will not suffer harm or will avoid danger.*

