



Safety Checklist for Caregivers of **Children from 11-18 years of age**

<u>Fire Risk</u>	Yes	No
Is there a working smoke alarm on each level of your home?		
Have you either checked or changed the battery in your smoke detector within the last 6 months?		
Is there a working carbon monoxide alarm placed near natural fuel burning items in the home?		
Are all individuals' non smokers in the home?		
Are extension cords, if used, in good condition, not overloaded, and secured against a tripping hazard?		
<u>Motor Vehicle Injury Risk</u>		
Is your adolescent appropriately restrained in a seat belt every time they are in a vehicle?		
Does your adolescent understand not to get in a vehicle with anyone whom has had alcohol?		
If your child is over 15 and has a driving permit of some type, are appropriate restrictions placed on their driving based on the graduated drivers license law and the readiness of your teen to make appropriate safety decisions.		
<u>Drowning Risk</u>		
Does your adolescent use a personal flotation device when in or near natural bodies of water?		
<u>Environmental Risk</u>		
If your adolescent has a bike, scooter or skates, do they wear an approved properly fitted helmet every time they ride? If riding on the road, do they follow the appropriate rules of the road?		
If a trampoline is present, is it on a flat area without any areas to jump from, has an enclosure and only one person is allowed to jump at a time?		
If your adolescent is over the age of 16 and rides an ATV or dirt bike, do they have the appropriate safety gear, engine vehicle size, and have had an approved safety course?		
<u>Poison</u>		
Do you store all narcotic based medications in a secure location?		
<u>FireArm</u>		
If a firearm is in the home is it stored in a locked container, separate from the ammunition?		
<u>Other</u>		
Does your adolescent wear the appropriate sport safety gear at practice and during games?		
Does your adolescent have a safe appropriate after or before school activity?		
Does your adolescent interact well socially with other children and understand the concept of bullying and how not to be one or what to do if they are being bullied?		
Are their signs of gang activity, substance abuse use, depression, or criminal activity?		
Does your adolescent exhibit skills of making the appropriate safety decisions and behaviors on their own?		

Any questions answered “NO” place your child at risk for a potential injury, please consult your pediatric physician for more information on injury prevention. For childhood safety tips visit www.carolinasinjuryprevention.com or www.safekidscharmeck.org

* This checklist was compiled from information from the American Academy of Pediatrics, National Safe Kids and the Home Safety Council. It does not cover all the risk factors for a child at this age and should not replace the advice of a pediatric physician. Likewise, answering “no” to any of the questions does not guarantee that the child will not suffer harm or will avoid danger.